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un progetto della



ONLINE AUDITIONS 2024

Deadline to submit applications: 20th of May 2024

Information and specifications

www.flicscuolacirco.it



Online Auditions for admission to the Contemporary Circus Artist Training Courses **2024-25** will happen from **the 3rd of June 2024** until date to stabilize based on the number of applications.

Participating in the Auditions is free of cost.

To be admitted to the auditions, it is mandatory to send the following documentation to info@flicscuolacirco.it, before the **20th of MAY 2024**.

REQUESTED DOCUMENTS:

N.B. Please send the requested documentation according to the indications on the list. Files received that do not comply and/or differ from the indicated format will not be evaluated by the Commission.

1. **Application form** available in .pdf our .doc (to download, fill in capital letters, sign and send – accepted formats: .doc, .docx, .pdf)
2. **Recent photo, full shot** (accepted formats: .jpg, .png)
3. **Describe yourself and explain the motivations pushing you to attend a circus school, in a presentation letter** (accepted formats: .doc, .docx, .pdf,) – **Max 30 LINES**
4. **Artistic/Sport Curriculum Vitae – updated** (accepted formats: .doc, .docx, .pdf)
5. **Medical certificate** authorizing the practice of sports(accepted formats: .pdf, .jpg, .png). In case of admission to the school, it will be mandatory to present an Italian medical certificate authorizing the practice of spots at high level (*certificate medico di idoneità sportiva agonistica*).
6. **Copy of Identity Card or valid passport** (accepted formats: .pdf, .jpg, .png)
7. **UE citizens:** copy of TEAM Card (European Health Insurance Card) (accepted formats: .pdf, .jpg, .png)
8. **Non UE citizens:** copy of health insurance (accepted formats: .pdf, .jpg, .png)
9. **Requested videos (*)**
10. **Only for those who candidate to the Artistic Year:** detailed description of the own personal artistic project (accepted formats: .doc, .docx, .pdf)

(*) VIDEOS TO SEND BY LINK to participate to ONLINE AUDITIONS

Each candidate must make **ONE UNIQUE LINK** available containing the following requested elements, upload to a platform such as Vimeo or YouTube, and then copy the link into the admission form.

EXEMPLE VIDEO with ONE UNIQUE LINK: <https://youtu.be/rhbMaU-Voz0>

▪ VIDEO N. 1: PHYSICAL TEST

- ✓ Chin-ups on a bar (with your palms facing you) – from being completely suspended (straight arms), make chin-ups bringing every time the chin up until the bar (max 10)
- ✓ Push-ups on arms – from the position of body plank, make push-ups keeping the body straight (max 15)
- ✓ Leg raisers on wall bars – from being completely suspended, raise your straight legs up, feet going until the last bar (max 10)

▪ **VIDEO N. 2: FLEXIBILITY TEST**

- ✓ Right splits
- ✓ Left splits
- ✓ Box splits
- ✓ Straddle split with legs at 90°
- ✓ Pike with legs together
- ✓ Bridge

▪ **VIDEO N. 3: ACROBATIC TEST**

- ✓ Forward and back roll
- ✓ Cartwheel
- ✓ Handstand to forward roll
- ✓ Round-off
- ✓ Hand-spring
- ✓ Back handspring without run-up (optional)
- ✓ Forward somersault (optional)
- ✓ Back somersault (optional)
- ✓ Round-off back handspring (optional)
- ✓ Round-off, back handspring, back somersault (optional)
- ✓ Acrobatic movements – choices of candidates (optional)

▪ **VIDEO N. 4: DANCE TEST**

A 2-minute improvisation video is required. The entire body must be always visible in the video.

- ✓ Choice of clothing is free, but face and hands have to be clearly visible (no hats or sweaters with sleeves beyond the wrist), bare feet (shoes allowed only if strictly necessary for the type of movement)
- ✓ The audio must be clearly audible

▪ **VIDEO N. 5: TECHNIQUE TEST WITH CIRCUS DISCIPLINE**

A video with one's own circus discipline is required. The video has to include :

- ✓ 2 minutes of technical sequence, composed of mastered movements and transitions, presented continuously and uninterrupted.
- ✓ 1 minute devoted to single figures, still in the learning phase, editing is allowed with cuts to highlight individual performances.

In case one does not yet possess a circus discipline, one can make a presentation demonstrating one's skills (dance, artistic gymnastics, rhythmic gymnastics, martial arts as examples).

In the case that the online hearing requests, after being reviewed by the Board, are approved with a favorable opinion, applicants will receive by email the admission to the online interview, which will be held on a date and time to be agreed upon starting on June 3rd, 2024.

▪ ONLINE INTERVIEW WITH THE PEDAGOGICAL TEAM

✓ The commission will arrange with each selected candidate, an online interview using the Zoom platform.

✓ Are required: a good internet connection, video camera, microphone. In order to obviate problems related to time differences, it is necessary for each candidate to communicate in advance the country where they are located.

More specific information will be sent before the online interview.

COMMUNICATION OF THE SELECTION RESULTS FOR THE YEAR 2024/2025

At the end of the online and in-person Auditions, and after examination of each applicant's profile, the Commission will display the general overview of the **results** during the day of **SATURDAY, JULY 13th 2024** underlining the decision made for each training programme, with results then being sent by e-mail to each candidate.

For those who pass the Auditions for the year 2024/2025, the confirmation of the acceptance needs to be accompanied by the payment of the first instalment of **1.650,00 € before the 23/07/2023.**

It is also specified that the payment of the second instalment of € 1.650,00 must be made by the 7th of January 2025.